

*University of São Paulo
Institute of Biomedical Sciences*

Guide

*for new graduate students at
ICB-USP*

*São Paulo
2025*

The Guide



This guide was produced by the Inclusion and Belonging Committee (CIP) with the support of the Graduate Studies Committee (CPG) of the Institute of Biomedical Sciences of the University of São Paulo. Special thanks to: Marcos Aurélio Santos da Costa and Guilherme Antônio de Souza Silva (student representatives of CIP- from 2024 to 2025).

Administrative Organization

President: Prof. Carlos Gilberto Carlotti Júnior

Vice-President: Prof. Maria Arminda do Nascimento Arruda

Pro-Rector of Inclusion and Belonging: Prof. Ana Lanna Duarte

Pro-Rector of Graduate Studies: Prof. Rodrigo do Tocantins C. S. Rodrigues

Dean of the ICB: Prof. Patrícia Gama

Vice-Dean of the ICB: Prof. Carlos Pelleschi Taborda

President of the Graduate Committee/ICB: Prof. Carolina Demarchi Munhoz

Vice-President of the Graduate Committee/ICB: Prof. Beatriz Simonsen Stolf Carboni

President of the Inclusion and Belonging Committee/ICB: Prof. Dânia Emi Hamassaki

Vice-President of the Inclusion and Belonging Committee /ICB: Prof. Luiziana F. Silva

The Committee of Inclusion and Belonging (CIP)



What is it?

The Inclusion and Belonging Committee (CIP) is tasked with advancing equity and inclusion policies throughout the Institute, ensuring their alignment with both the academic mission and institutional standards.

The primary goal of CIP is to foster a university environment that is more diverse and accessible, ensuring the ongoing and effective execution of inclusion initiatives through [actions](#) that support this mission.

Members

The CIP consists of a president and a vice-president, along with [representatives](#) from various departments within the ICB, striving for a holistic and cooperative method in all its endeavors.

The commission is also composed of student representatives and technical-administrative personnel, fostering a democratic and participatory management environment.

Secretary

• Kleber Alves Henriques dos Santos (+55 11 3091-7979)
| cip.icb@usp.br

Graduate Studies in ICB-USP



The Institute of Biomedical Sciences at the University of São Paulo (ICB-USP) stands as one of Brazil's premier teaching and research establishments, renowned for its outstanding contributions to both basic and translational research. It is known for its high-quality projects that significantly impact public health.

Situated in Cidade Universitária in São Paulo, with additional facilities in Monte Negro (RO) and Acrelândia (AC), the institute comprises 7 departments and boasts a comprehensive infrastructure that includes over 150 laboratories. Presently, the ICB offers 5 Graduate Programs (PPGs).



Instituto de Ciências Biomédicas (ICB)

ICB Graduate Programs

Click on the buttons to access the links

[Biology of Host-Pathogen Interactions](#)

[Systems Biology](#)

[Functional and Molecular Biology](#)

[Immunology](#)

[Microbiology](#)

The ICB is also part of the inter-unit programs:

[Biotechnology](#)

[Bioinformatics](#)

[Professional Master's Degree in Innovation in Diagnostics and
Development of Drugs and Medicines](#)

Standards and guidelines of the Graduate Programs

- [Biology of Host-Pathogen Interactions](#)
- [Systems Biology](#)
- [Functional and Molecular Biology](#)
- [Immunology](#)
- [Microbiology](#)

Select the underlined items to access the links.

The Graduate Studies Committee (CPG) establishes the guidelines, ensures the enforcement of the regulations, and facilitates communication with the Dean of Graduate Studies.

The CPG is composed of the president and vice president, in addition to the [coordinators](#) of each graduate program, student representative and secretary.

Secretary

Lucianna Vicente da Silva (+55 11 3091-7439) | spg.icb@usp.br
Kleber Alves Henriques dos Santos (+55 11 3091-7979)

Location

Graduate Service - Biomedical III - Av. Prof. Lineu Prestes no. 2415- Butantã- São Paulo/SP- CEP 05508-900

Office Hours

Monday to Friday, from 9 am to 12 pm.

Selection process

of the Graduate Programs

Applications for admission to the Master's and Doctorate courses at ICB-USP follow the calendar set by the individual programs:

- [Biology of Host-Pathogen Interactions](#)
- [Systems Biology](#)
- [Functional and Molecular Biology](#)
- [Immunology](#)
- [Microbiology](#)

In addition to the conventional entry method, i.e. knowledge exam applied by the program itself, foreigners interested in pursuing a Master's or Doctorate at ICB-USP can enter the graduate program through the GRE Test.

Learn more about the test
[here](#)

Before coming to Brazil



What does it take to enter the country?

To enter Brazil, you will need to obtain a student visa from the embassy or consulate of your home country. There, you will also be able to check what documents are required for your entry into the country.

You will need to submit an official letter from your Graduate Studies Program (PPG) confirming your acceptance and eligibility for enrollment in the graduate program. This letter must be prepared and signed by your future advisor and the coordinator of your PPG. Additionally, your passport must be valid, and you must provide certified/notarized copies of your [apostilled diploma](#) and academic certificates.

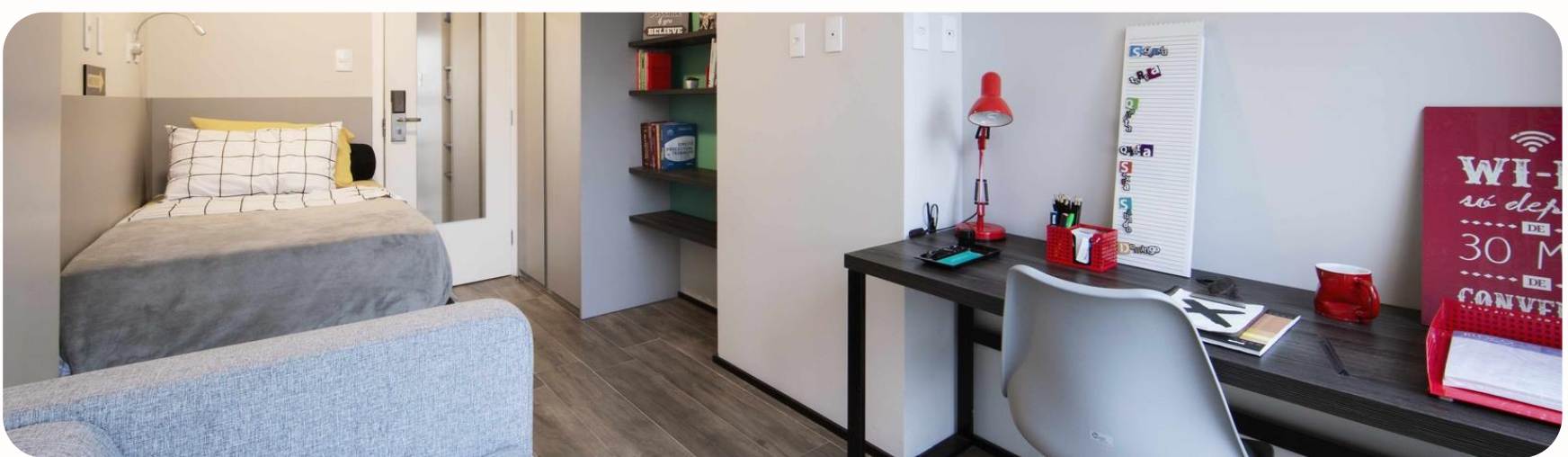
It is also important to prove that you have financial resources sufficient to cover your expenses during your stay in the country. For more information, you can visit the [ICB National and International Cooperation](#) website.

Where to stay in São Paulo?

Student housing

Share Student Living (Unidade Butantã):

It offers fully furnished apartments and studios, with various amenities, including game rooms, gym, study room and coworking. This is an excellent option for students who want to live close to USP with complete infrastructure for study and leisure.



Uliving

A network of villas dedicated to students, providing 100% furnished apartments. Uliving offers coworking spaces, as well as a fully equipped shared kitchen. Ideal for students looking for a comfortable and study-focused environment.



Where to stay in São Paulo?

Property search platforms

QuintoAndar

An online platform that facilitates the search and rental of apartments and houses. QuintoAndar is known for simplifying the rental process, eliminating the need for a sponsor and allowing virtual tours of properties.

OLX

OLX is a popular platform for buying, selling, and renting real estate. You can find a wide variety of apartment options and houses for rent directly from landlords or real estate agents.

Booking, hoteis.com, etc.

These platforms allow you to book hotels and B&Bs in São Paulo, offering a temporary solution for students in need of accommodation while looking for long-term housing.

Airbnb

On Airbnb, you can find rooms, apartments, or entire houses, often with flexibility in the period of stay. This option is useful for those who want to explore different areas before committing to a long-term rental.

The program

USP iFriends

If you are a foreigner and need more assistance with accommodation and adaptation to the university and the city, you can count on the "[USP iFriends](#)" program.

This program connects foreign students with USP students, who will welcome them into our community, act as mentors and offer support and friendship during their stay.



From left to right: Viviane Rosa, Isadora e Marcos Aurélio

Arriving in São Paulo



How to get from the airport to downtown?

Guarulhos International Airport (GRU) is the main entry point for international flights and is located about 25 km from the city center. Therefore, you will need to use public or private transport to get to your place of stay.



Route from Guarulhos International Airport to downtown São Paulo

Public transportation

🕒 4 am to 0 am

💰 R\$ 5,00 – full price | R\$ 2.50 – half price

To exit the airport area, follow these steps:

- 1 Take an airport ring road bus (free) that leads to the Airport-Guarulhos train station (Line 13-Jade).
- 2 When you arrive at the station, buy your ticket with a debit card at the self-service kiosk or with cash at the ticket office.
- 3 Head to the platform and wait for the express train with a final destination at Palmeiras-Barra Funda Station (line 3-Red) with stops at Brás Station (Line 3-Red) and Luz (Line 4-Yellow), stations where you can change to other subway and train lines that connect different parts of the city.

Important: Pay attention to personal belongings. Keep backpacks and purses always in front of your body.

Private transportation

You can take a taxi from the arrivals terminal or request an Uber, 99 or InDrive at strategic points signposted at the airport exit. It can be a good option if you have a lot of bags and are looking for more comfort and safety during your trip.

Arriving by bus from other Brazilian cities

The city of São Paulo has several bus stations, but to make it easier for you to get around, you can choose to get off at those connected to the subway, such as the following:

- 1 Tietê Bus Terminal:** it is the largest bus station in the city. Located in the north zone, it is connected to the Portuguesa-Tietê subway station (Line 1 - Blue).
- 2 Barra Funda Bus Terminal:** it is located in the west zone, next to the Palmeiras-Barra Funda station (Line 3 - Red of the subway).
- 3 Jabaquara Bus Terminal:** it is located in the south of the city, connected to the Jabaquara subway station (Line 1 - Blue), and mainly serves trips to Baixada Santista and the south coast of São Paulo.

How to get around in São Paulo



Bilhete único

Regular

The Bilhete Único is a practical way to pay for tickets in all the means of transport mentioned. To purchase it, you must register on the [official website](#) and then pick up the card at a service station. It can be recharged online or at various points around the city.



Bilhete Único Comum

Student

As a graduate student, you are entitled to the Unified Student Ticket. It gives you the right to pay only half the fare for public transport. Consult your graduate office to find out how to apply for it.



*Bilhete Único de
Estudante*

Plan your trip

If you are going to use public transportation to get around, you should be aware of the complexity of the transportation system due to the existence of several bus, train, and subway lines. Therefore, to assist you in planning your trip, you can use the Moovit and/or Google Maps apps.



Moovit



Google Maps

If you prefer more comfort and safety, you can opt for private transportation (Uber, 99, InDrive).



Uber



99



InDrive

How to get to ICB-USP



Starting from Butantã Station

At Butantã Station, there is a bus terminal that offers access to the University City. You can take lines 8082-10 or 8083-10 and get off at the "ICB" stop. These lines are free for students who use the USP Ticket (BUSP), available after entering graduate school. Access the routes at the [link](#).



Bilhete USP (BUSP)

Starting from Other Places

To find out how to get to USP from other places, use the transportation of your choice using the apps already mentioned.

Enroll in Graduate Studies

For foreigners National Migration Registry (RNM)

To enroll in the graduate program, it is necessary to present the Temporary Study Visa IV (VITEM IV) and then to apply for temporary residence in Brazil by obtaining the National Migration Registry (RNM). The visa is granted directly by the Brazilian Consular Offices closest to the foreigner's domicile. To apply for the RNM, the foreigner must access the Brazilian [Federal Police Agency](#). For more information, go to the [USP International Cooperation Office](#).

The secretariat of your graduate program and the Committee for National and International Cooperation-ICB(ccnint@icb.ucp.br) may also help you.



Registration

In addition to the Temporary Visa IV, you must bring all the necessary documents to enroll in the graduate program. The list of required documents can be found in the regulations of each Program.

Courses offered

The courses offered in each semester may vary. It is recommended to consult your graduate office for up-to-date information on the courses available each semester.

Addresses and contacts of the Secretariats

Biology of Host-Pathogen Interactions

- 📍 Address: Av. Professor Lineu Prestes, 1374,
- 📞 Phone: +55 (11) 3091-7331
- ✉ E-mail: pgbmp@icb.usp.br

Systems Biology

- 📍 Address: Av. Prof. Lineu Prestes 2415 – 1st basement;
- 📞 Phone: +55 (11) 3091-7258
- ✉ E-mail: ppg.biosistemas@usp.br

Functional and Molecular Biology

- 📍 Address: Av. Prof. Lineu Prestes 1524, 2nd floor
- 📞 Phone: +55 (11) 3091-7253/7322
- ✉ E-mail: bmfp@icb.usp.br/ posfisio@icb.usp.br

Immunology

- 📍 Address: Av. Professor Lineu Prestes, 1730
- 📞 Phone: +55 (11) 3091-8478
- ✉ E-mail: posimuno@icb.usp.br

Microbiology

- 📍 Address: Av. Professor Lineu Prestes, 1374, room 202
- 📞 Phone: +55 (11) 3091-7355/ 8446
- ✉ E-mail: micropos@icb.usp.br

Experience USP



As a student at USP, you are entitled to the following services:

Health and well-being

- University Hospital(HU)

It offers services such as consultations and exams.

- Hospital das Clínicas of the USP Medical School (HCFMUSP)

It offers specialized medical care, from outpatient care to complex surgeries.

- Dental Clinic of the Faculty of Dentistry of USP

It offers a wide range of treatments, including tooth extractions, gum treatment, root canal treatment, restorations, prostheses, among others.

- ECOS Program

It provides listening, reception and guidance services in person and without the need for appointments. More information at the [link](#).

- **Community Support Committee(CAC/ICB)**

Provides support to the ICB community to improve the integration, motivation and training of students. More information at the [link](#).

- **Psychological Reception Service (SAP)**

It is aimed at people facing emergency situations or moments of crisis, seeking shelter and psychological support.

- **USP Mental Health and Well-Being Map**

Online guide with information on a wide range of resources focused on the mental health and well-being of all members of the USP Community. More information at the [link](#).

Where to eat

- **University Restaurants (RUs)**

[University restaurants](#), known as bandejões, serve breakfast, lunch and dinner.

The main meals (lunch and dinner) cost R\$2.00 and breakfast R\$0.50. Payment can be made via PIX or bank slip through the Menu+ USP app, where it is also possible to check the menu of the day, the balance, and locate the face-to-face points of sale.

At the Butantã Campus, the following RUs are located:

Central RU;

RU of PUSP-C;

RU of Chemistry;

RU of Physics.

Sport

- **USP Sports Practice Center (CEPEUSP)**

It offers complete infrastructure for various [sports activities](#). There you can enroll in walking, running, swimming, canoeing, basketball, volleyball, tennis, soccer, among other spaces.

- **Athletic**

ICBIÓ is an athletic association that represents the ICB, the Institute of Biosciences and the Institute of Oceanography, and promotes sports events and practices. [Contact us](#) to participate.

- **E-Sports**

There are groups and teams for online games such as Counter-Strike: Global Offensive, Valorant and League of Legends. To participate, consult your unit's athletic team or look for more [information](#) about e-sports teams.



CEPEUSP

Libraries

USP has 64 physical libraries distributed among its teaching units, institutes, centers and museums, spread across the various campuses. Students can access the collection of these libraries through the Dedalus catalog.

In addition to physical libraries, USP offers several digital libraries, which provide content accessible to the public, such as the [Digital Library of Theses and Dissertations](#), the [Digital Library of Academic Works](#), and the [Digital Library of Rare Works](#), in addition to the [Thematic Digital Libraries](#).

ICB Library



Monday to Friday



9 am to 6 pm

Services:

Book loan: up to 15 textbooks and research books for a period of 21 days, with the possibility of up to 3 renewals;

Group and individual study rooms;

Provision of guidelines for formatting theses and dissertations;

Laboratory notebook: indicated for recording your experiments;

Tips to avoid plagiarism.

Wi-fi



USPNet Wireless

Access the [website](#) with your unique USP number and password.



Eduroam

Simply search the network on your device and use your USP number followed by @usp.br and your USPdigital/USP Systems unique password.

USP Applications

These are the official applications created by the Superintendence of Information Technology at USP to inform, protect and facilitate the life of the university community:



Campus USP
*Occurrences/
Emergencies*



e-Card USP
Digital Card



Cardápio+ USP
*Restaurants
University*



Guia USP
Campi Maps



Jornal da USP
*News and Radio
USP*



Bibliotecas USP
Collections



Entreartes
*Cultural
Activities*



Disque-Trote
Freshman Aid

Links to download:
Apps [Google Play](#)
Apps [App Store](#)

Museums

USP offers [centers and museums](#) dedicated to art, culture, and science, which are of great relevance to both the academic community and the general public. These spaces promote a broad cultural and scientific experience, with collections ranging from History and Art to themes related to biodiversity and innovation.

Cinema, Music and Theater

Those who are in the capital can attend the rooms of the USP Paulo Emílio Cinema ([Cinusp](#)) and watch thematic exhibitions organized by our professors and students for free, in addition to participating in seminars, debates, courses and previews.

The [USP Theater \(TUSP\)](#) is an organ that fosters production, reflection and research in performing arts. Shows and various programs are held at its headquarters, in the historic building at Rua Maria Antonia, 294, in São Paulo

From baroque music to Brazilian popular music, USP's orchestras promote a finely tuned contact with society. We have [Osusp](#), [Ocam](#) and [Philharmonic](#). In São Paulo, Ribeirão Preto and Piracicaba, students of the University can participate in choirs, even without experience, and participate in presentations and concerts.

[CORALUSP](#) brings together people passionate about music in 14 groups and 3 workshops spread across USP. The repertoire ranges from classical to popular, and the choir has already performed in Brazil and around the world, taking our music to the USA, Europe, Africa and Argentina. With 5 APCA awards, lively rehearsals and incredible projects, CORALUSP is the right place for those who want to let their voice out and experience music up close.

USP Channel

It has more than 5 thousand videos for those who want [to follow](#) USP's scientific, academic and cultural production.

References

<https://prip.usp.br/>

<https://www.prpg.usp.br/pt-br/>

<https://ww3.icb.usp.br/inclusao-pertencimento/>

<https://site.fo.usp.br/internacionalizacao/mobilidade-internacional/pos-graduacao/cartilha-para-alunos-estrangeiros-de-pos-graduacao/>

<https://internationaloffice.usp.br/en/index.php/foreigners/>

**It's wonderful to have
you at ICB-USP!**

